

# READY FOR A CHANGE?

Filling out this short assessment can help you and your healthcare provider determine the next steps in your or your child's eczema (atopic dermatitis) journey.

**1. In an average day, how much time does your or your child's eczema take up?** *(This can mean administering treatment, applying moisturizers, or even thinking about it and worrying about the unpredictability of flares.)*

- ☐ Less than 30 minutes    ☐ 30 minutes to 1 hour  
☐ 1 to 3 hours    ☐ More than 3 hours

**2. What percentage of your body or your child's body would you say is affected by eczema?** *(1% of your body is roughly the size of your palm or your child's palm if they are the one with eczema.)*

- ☐ 1 to 3%    ☐ 3 to 10%  
☐ More than 10%

**3. How long have you or your child had eczema?**

- ☐ Less than 6 months    ☐ 6 months to 2 years  
☐ More than 2 years

**4. Has a healthcare provider diagnosed it, or do you just think it's eczema?**

- ☐ Diagnosed    ☐ I just think it's eczema

**5. What type of eczema treatment are you or your child currently on?** *(Check all that apply.)*

- ☐ Moisturizers  
☐ Prescription creams or ointments  
☐ Biologics (prescription medicine injected through the skin for eczema)  
☐ Prescription oral medications (pills or capsules taken by mouth)  
☐ Over-the-counter (OTC) treatments (e.g., non-prescription corticosteroid cream or ointment, pills to help with itch)  
☐ Herbal supplements or homeopathic remedies  
☐ Other (e.g., phototherapy; something not listed)  
☐ Not currently on treatment

**6. How long have you or your child been on the current treatment regimen?**

- ☐ Less than 6 months    ☐ 6 months to 2 years  
☐ More than 2 years

**7. How happy are you with your or your child's current treatment?**

Not happy at all   1   2   3   4   5   Very happy

**8. When thinking about starting a new treatment, which best describes how you are feeling?**

- ☐ Concerned and cautious    ☐ Frustrated and doubtful  
☐ Hopeful and eager

**9. When learning about an eczema treatment, is it important for you to be able to use it on sensitive skin areas?** *(Everyone's idea of this can be different. Sensitive skin areas can include your face and neck, armpits, chest/breasts, groin, and genitals.)*

- ☐ Yes    ☐ No

**10. When considering a prescription eczema treatment, what is most important to you?** *(Check all that apply.)*

- ☐ How well the treatment works (long- and short-term)  
☐ How easy it is to apply  
☐ If it can be used in sensitive skin areas  
☐ How often I need to apply it  
☐ How much the treatment costs  
☐ What the potential side effects are



VTAMA cream is a **once-daily, steroid-free, prescription topical for adults and patients as young as 2 years old with eczema.** Talk to your healthcare provider today to learn if VTAMA cream, an innovative topical treatment, is right for you

The most common adverse reactions (incidence  $\geq 1\%$ ) in patients with atopic dermatitis treated with VTAMA cream were upper respiratory tract infection, red raised bumps around the hair pores (folliculitis), lower respiratory tract infection, headache, asthma, vomiting, ear infection, pain in extremity, and stomach-area (abdominal) pain.

## 11. Is there anything you'd like to discuss with your healthcare provider but haven't?

(This can be how much it affects your or your child's daily activities, confidence, relationships, etc.)

---

---

---

---

---

---

---

---

---

---



We hope this helps you on your journey to find a treatment that is right for you or your child. This may act as an easy and simple way to discuss things further with your healthcare provider. **Talk to your healthcare provider to see if VTAMA cream may be right for you or your child with eczema.**

### IMPORTANT SAFETY INFORMATION

**Indications:** VTAMA® (tapinarof) cream, 1% is an aryl hydrocarbon receptor agonist indicated for:

- the topical treatment of plaque psoriasis in adults.
- the topical treatment of atopic dermatitis in adults and pediatric patients 2 years of age and older.

**Adverse Events:** In plaque psoriasis, the most common adverse reactions (incidence  $\geq 1\%$ ) were: red raised bumps around the hair pores (folliculitis), pain or swelling in the nose and throat (nasopharyngitis), skin rash or irritation, including itching and redness, peeling, burning, or stinging (contact dermatitis), headache, itching (pruritus), and flu (influenza).

**Adverse Events:** In atopic dermatitis, the most common adverse reactions (incidence  $\geq 1\%$ ) were: upper respiratory tract infection, red raised bumps around the hair pores (folliculitis), lower respiratory tract infection, headache, asthma, vomiting, ear infection, pain in extremity, and stomach-area (abdominal) pain.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call **1-800-FDA-1088**.

Please read the [Prescribing and Patient Information](#) for VTAMA cream and discuss it with your doctor.

