TOUCH DEPRIVATION AND PLAQUE PSORIASIS

About the Plaque Psoriasis Touch Deprivation Survey

Dermavant Sciences conducted two online surveys, one with 800 adults in the U.S. with plaque psoriasis and another with 800 adult family members (including spouses and partners) of patients with plaque psoriasis.

The goal was to gather insights on the emotional impact of touch deprivation on both adults with plaque psoriasis and their family members. The survey focused on the impact of the disease on patients' well-being, how it affects their physical and emotional connections, its impact on sexual intimacy and the limitations imposed by the disease. KRC Research fielded the surveys between July 14 - August 1, 2023.1

Key Findings¹



with plaque psoriasis reported feeling deprived of physical touch from others because of their plaque psoriasis.



of partners of adult patients with plaque psoriasis surveyed revealed that plaque

psoriasis has negatively impacted their relationships.



of adult patients

with plaque psoriasis reported that they feel comfortable engaging in physical intimacy with a partner.



of adult patients with plaque psoriasis said their treatment makes them more

uncomfortable with intimacy.



of adult patients with plaque psoriasis

reported being less likely to initiate touch during a flare-up.



of adult patients with plague psoriasis

reported a loved one has rejected or avoided engaging in physical touch with them because of their plaque psoriasis.

endure a frustrating trial-and-error process.3



of adult patients with plaque psoriasis

said they have avoided physical touch and intimate encounters because of their plaque psoriasis.

"one-size-fits-all."2

Plaque psoriasis treatments are not

Treatment of plaque psoriasis in sensitive areas can be particularly challenging due to the limited number of topical treatments available for long-term use.^{4,5}

When it comes to finding the right treatment, many people with plaque psoriasis

Some topical treatments can be challenging to use due to limitations on where they can be applied and for how long they can be used - creating a need for a treatment that can be used anywhere on the affected skin, including in sensitive areas.6

With the availability of VTAMA® (tapinarof) cream, 1%, adult patients have a

non-steroidal, prescription topical cream as a treatment option for plaque psoriasis.7

worldwide.8

painful and disfiguring.9

in its class.

About Psoriasis

In people with light skin, plaque psoriasis is characterized by raised red or pink patches of skin with silvery-white scales. People with black or brown skin are more likely to have brown or violet-colored patches with silvery-white or gray scales. The scales can be itchy,

Psoriasis is an immune-mediated inflammatory disease, with a chronic relapsing-remitting

course, which impacts approximately 8 million Americans and 125 million people

In addition to physical symptoms, psoriasis can have a significant impact on a person's quality of life and psychological health.¹⁰ **About VTAMA (tapinarof) cream, 1%**

VTAMA (tapinarof) cream, 1% is a prescription medicine used once daily to treat plaque psoriasis in adults. It is the first and only FDA-approved steroid-free topical medication

Important Safety Information

Indication: VTAMA® (tapinarof) cream, 1% is an aryl hydrocarbon receptor agonist indicated for the topical treatment of plaque psoriasis in adults.

subjects treated with VTAMA cream were folliculitis (red raised bumps around the

Adverse Events: The most common adverse reactions (incidence \geq 1%) in

hair pores), nasopharyngitis (pain or swelling in the nose and throat), contact

dermatitis (skin rash or irritation, including itching and redness, peeling, burning, or stinging), headache, pruritus (itching), and influenza (flu). You are encouraged to report side effects of prescription drugs to the FDA. Visit FDA.gov/medwatch or call 1-800-FDA-1088.

References

US-VTMA-2400092 04/2024

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psoriasis affecting the scalp, face, intertriginous areas, genitals, hands, feet, and nails. Dermatol Ther.

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- ^{7.} VTAMA® (tapinarof) cream, 1% prescribing information, Dermavant Sciences.
- 8. National Psoriasis Foundation. Psoriasis statistics. Available at: https://www.psoriasis.org/psoriasis-statistics/.
- 9. National Psoriasis Foundation. Plaque psoriasis. Available at: https://www.psoriasis.org/plaque/.

